

About us

The mission of the International Rescue Committee (IRC) is to help people whose lives and livelihoods are shattered by conflict and disaster, including the climate crisis, to survive, recover and gain control over their future.

Where to find us?

City Heights

5348 University Ave #205, San Diego, CA 92105

El Cajon

131 E Main St, El Cajon, CA 92020

Women's Resilience Center

131 E Main St, Suite 202A, El Cajon, CA 92020

Community Garden

203 S Travelodge Dr. El Cajon, CA 92020

If you have questions or need directions, please call:

- 619 641 7510 (City Heights)
- 619 440 6208 (El Cajon)



Immigration

No-cost and low-cost quality legal services for refugees, asylees, Dreamers, and other immigrant communities across San Diego County.

Legal Services

- Legal consultations
- Citizenship
- Naturalization
- Green Cards
- Adjustment of Status
- DACA renewals
- Employment Authorization
- Family Petitions
- Fiancé Visas
- Provisional Waivers
- Temporary Protected Status
- Affidavits of Support
- Removal of Conditions
- Lost immigration document replacement
- Travel documents

Citizenship Education and Interview Preparation

What? Free citizenship preparation
How? 10-week Citizenship Education Courses and Weekly Interview Preparation Workshops
Who? Lawful Permanent Residents who are eligible to apply for naturalization

Outreach Programming

What? Know Your Rights Presentations and free Citizenship and DACA renewal workshops
Where? Public libraries and other sites across San Diego County
When? Monthly

Location

City Heights Office (remote services also available)

Interested?

Please email Immigration.SD@Rescue.org or call the IRC at 619 641 7510 ext. 250 or visit [Rescue.org/announcement/IRC-San-Diego-Immigration-Services](https://www.rescue.org/announcement/IRC-San-Diego-Immigration-Services)

Youth Programs

Community, leadership, and skill building for newcomer, refugee, asylee, and immigrant youth.

REACH Program

Refugee Education, Acculturation, Civic Engagement and Health

- Academic tutoring
- In-class academic, social, and emotional support
- Field trips
- Summer programs
- Girls academy
- Job and leadership clubs
- English learning
- Public speaking
- Community service
- College application and scholarship assistance
- Parent and family engagement

Locations

Hoover, Crawford, San Diego, and El Cajon Valley High Schools

Cajon Valley, Montgomery, and Emerald Middle Schools

Interested?

Please email SD.Youth@Rescue.org or call 619 440 6208 (El Cajon office)

Center for Financial Opportunity

Comprehensive economic empowerment services for individuals and families to reach self-sufficiency and economic mobility.

Small Business Development Services

- Family Child Care (FCC) Business Training to help start and strengthen an FCC business
- Resilience Boot camp workshop to increase skills in bookkeeping and creating a digital presence
- 1:1 Technical Assistance to access business grant and loan capital, help start a business, create business plans and marketing plans, and conduct market analysis

Interested? Please email:

IRCSBDC@Rescue.org

Center for Financial Opportunity

Workforce Development Services

- Employment coaching and job placement support
- Career development training and coaching to support participants in entering technical training
- Parent and workforce-focused digital literacy training and digital inclusion coaching
- English workshops that support participants in developing the necessary skills to enter the workforce and earn a driver's license

Interested? Please email:

SD.Workforce@Rescue.org (Employment Services and Vocational English Training)

SD.CareerPrograms@Rescue.org (Career Development)

SD.Digital@Rescue.org (Digital Inclusion)

Economic Empowerment Services

- Financial Coaching to support opening a bank account, creating a budget, building credit, debt repair, and auto loans
- Matching Individual Development Accounts (IDA) up to \$4,000 to help purchase assets (such as car, small business capital, and training expenses)
- Stabilization supports to help with food and utilities
- Free Tax Preparation

Interested? Please email:

SDFinancialSkills@Rescue.org (Financial Coaching and Stabilization Supports)

SD.IDA@Rescue.org (IDA)

IRC.VITA@Rescue.org (Taxes)

Eligibility

Eligibility varies across Center for Financial Opportunity programs. Please contact emails above for more information or call 619 440 6208.

Resettlement

Supports newly arrived refugees with initial services to integrate into their new communities—such as housing, furnishing, community orientation, and assistance to essential services.

Refugee Resettlement and Placement Program Services

- Airport pick-ups
- Housing arrangements
- Home visits
- Health screenings
- Budget planning assistance
- Public benefit application assistance
- English as a Second Language referrals
- School enrollment for children
- Employment services enrollment
- Connections to support services

Afghan Integration Services and Community Support Program

Education, outreach, and extended case management to assist Afghan arrivals with integration and navigating housing, transportation, physical and mental healthcare, public benefit enrollment, and material support.

Refugee Health Promotion

Health outreach and education services, including group wellness sessions and wellness check-ins.

Location

El Cajon Office

Eligibility

Refugee clients (arriving through the US Refugee Admissions Program whose cases are allocated to IRC), SIV, Afghan Humanitarian Parolee, and NRPP cases.

Interested?

Please email SanDiego@Rescue.org
or call 619 440 6208 ext. 226

Safety & Wellness

Case management for newly arrived individuals and families and a center for women to connect and receive specialized services.

Who? Individuals or families who have experienced serious crimes, domestic violence or human trafficking, asylum seekers, asylees, and Ukrainian Humanitarian Parolees.

Women's Resilience Center

A safe, collaborative space where all women and girls (regardless of country of origin or immigration status) can access activities, obtain information, and build community. Activities include:

- Women's Health Programs, including Maternal Health Support Groups
- Caregiver Support Groups
- English Conversation Café
- Yoga, music, sewing groups, gardening, and more!

Survivor Advocacy Services

Comprehensive case management and advocacy services including but not limited to:

- Survivor advocacy
- Safety planning
- Orientation to rights
- Goal setting
- Legal service referrals
- Individual support plans

Case Management for Ukrainian Humanitarian Parolees, Asylum Seekers, and Families

Three-twelve month case management program. Services include but are not limited to:

- Public benefit enrollment
- Safe housing referrals
- School enrollment
- Referrals to employment services
- Public transportation
- Goal setting and individual support plans

Interested?

Please email SDwellness@Rescue.org
or call 619 641 7510

Refugees Welcome!



Stay tuned for updates as the office and services continue to grow!



619 641 7510 (City Heights)

619 440 6208 (El Cajon)



[Rescue.org/SanDiego](https://www.Rescue.org/SanDiego)



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International Rescue Committee

Program Guide
San Diego, CA

The information in this brochure is subject to change depending on funding availability. Last updated April 2023.