



The Family Stabilization Program (FSP) has clinically trained specialists (in Counseling or Social Work) who offer an additional layer of support to resettled clients who are, consistently and over time, unable to meet obligations related to caring for self or others for whom the person is responsible for and are unable to stay safe and stable. The FSP serves clients across all three resettlement agencies and is housed at the International Rescue Committee (IRC).

Family Stabilization Specialists create a trusting relationship with the client to: better understand the client's needs related to safety and stability; progress towards related goals; assist with referrals and connect to services; advocate; and navigate complicated systems. FSP staff use their clinical training to support clients in: re-acknowledging their strengths; finding successful ways of coping; accessing natural support systems; and connecting to the community to feel empowered, capable, and in control.

Services Not Provided

Clients must be within 5-year ORR eligibility or receiving TANF. If not, we are unable to provide services.

- FSP is not case management.
- FSP is not mental health counseling or traditional therapy.
- FSP does not provide employment or housing services.
- FSP is not a legal service.

Service Eligibility Categories

Safety

- Child abuse
- Elder abuse
- Suicide risk/ ideation
- Domestic violence
- Sexual assault

Impairment to daily functioning

- Trauma and persistent mental illness
- Substance abuse

Considerations

- You must receive consent from a client to refer them to FSP.
- If the client/family is facing safety concerns related to self or others
- If their day-to-day level of functioning is impacted by the behaviors observed or that have been reported to you

Services Provided

Help clients to:

- Enhance their sense of empowerment; build their capacity to become self-supporting; foster their ability to make choices/ changes.
- Establish safety and stability (e.g. safety plan, crisis management).
- Connect to appropriate services and resources (resource navigation, especially within mental health field).
- Learn psychoeducation.
- Identify and assess their own needs.
- Engage with their community.
- Collaborate with Resettlement Agency teams and community partners.
- Advocate, advocate, advocate!